

Eating is a Necessity but **Cooking** is an Art

The BREAKFAST BAR

OUR BREAKFAST

SOURDOUGH BREAD EXTRA 90p

ORDER • DINE • EAT



DRINK • CHILL • ENJOY

WE ONLY USE FREE RANGE EGGS



(ALL BREAKFASTS SERVED WITH TEA OR STANDARD COFFEE)
ONLY ONE ITEM CAN BE SUBSTITUTED FROM SET BREAKFASTS

- FULL ENGLISH** 9.9
Fried Eggs (2), Smoked Bacon (2), Cumberland Sausages (1), Hash Brown (2), Grilled Tomatoes, Mushrooms, Beans & Toast (1)
- THE RASHERS** 9.9
Mushroom, Tomato, Hash Brown, Turkish Sausage, Egg, Turkey Rashers, Beans & Toast (1)
- THE HANGOVER** 9.9
Fried Eggs (2), Bacon (2), Cumberland Sausages (1), Chips, Mushrooms, Beans & Toast (1)
- LIGHTER BREAKFAST** 8.9
Poached Egg (1), Bacon (1), Hash Brown (1), Plum Tomatoes (1), Mushrooms, Beans & Toast (1)
- VEGGIE (V)** 9.2
Poached Eggs (2), Veggie Sausage, Hash Brown (2), Grill Tomatoes, Mushrooms, Beans & Toast (1)

- LONDON** ★ 9.4
Poached Eggs (2), Bacon (2), Cumberland Sausage (1), Plum Tomatoes, Mushrooms & Toast (1)
- FRENCH TOAST** 8.9
Eggy Bread, Fruit with Syrup
- TURKISH** ★ 9.9
Fried Eggs (2), Fried Turkish Beef Sausage, Halloumi, Turkish Salami, Mix Olives, Sliced Fresh Tomatoes & Cucumber, Feta Cheese, Jam & Butter, Baguette, Tahini & Grape, Molasses
- MRS PUDDING** 9.2
Fried Eggs (2), Black Pudding (3), Bacon (2), Cumberland Sausage (1), Beans & Toast (1)

- THE SUN INN** 10.4
Smoked Salmon, Poached Eggs (2), Avocado, Mushrooms, Asparagus, Toast (1)
- TEXAS** 9.9
Beef Burger (1), Red Fried Onions, Hash Brown (2), Mushrooms, Fried Eggs (2), Beans & Toast (1)
- CONTINENTAL BREAKFAST** 9.9
Eggs (2), Mushroom, Hash Brown, Grilled Tomatoes, Halloumi, Turkish Sausage, Olives & Toast (1)

- THE VEGAN** 9.9
Avocado, Asparagus, Grilled Tomatoes, Mushrooms & Veggie Sausage

- EGG VEGETABLES (V)** 9.4
Poached Eggs (2), Carrot, Aubergine, Roast Peppers, Fried Tomatoes & Muffin
- EGG FLORENTINE** 9.2
Poached Eggs (2), Spinach, Fried Tomatoes, English Muffin & Hollandaise Sauce
- EGG BENEDICT** 9.7
Poached Eggs (2), Ham or Bacon, Grilled Tomatoes, English Muffin & Hollandaise Sauce
- EGG ROYALE** 9.9
Scrambled Eggs (3), Smoked Salmon, English Muffin

TRADITIONAL TURKISH ★

(SERVED IN PAN)

- NO.1 PASTIRMALI YUMURTA** 9
(Pan Cooked) Cured Beef, Egg, Onion, Green Peppers, Baguette & Olives
- NO.2 SUJUKLU YUMURTA** 9
(Pan Cooked) Turkish Sausage, Egg, Onion, Green Peppers, Baguette & Olives

BREAKFAST EXTRAS

- | | | | |
|--------------------|-----|---------------------|-----|
| EGG | 1.6 | TURKISH SAUSAGE | 2.5 |
| CUMBERLAND SAUSAGE | 2.1 | TURKEY RASHERS | 2.5 |
| VEGGIE SAUSAGE | 2 | CHICKEN NUGGETS (6) | 2.3 |
| SMOKED BACON | 2.2 | ONION RINGS (6) | 1.8 |
| STREAKY BACON (6) | 3 | DOUBLE PANCAKE | 3.3 |
| HASH BROWN | 1.8 | MOZZARELLA | 2 |
| MUSHROOM | 1.8 | FETA CHEESE | 2.2 |
| BLACK PUDDING | 2 | CHEDDAR CHEESE | 1.4 |
| GRILLED TOMATOES | 1.6 | HALLOUMI | 3.5 |
| PLUM TOMATOES | 1.6 | OLIVES | 2.2 |
| BEANS (HEINZ) | 1.6 | SMOKED SALMON | 3.9 |
| CHIPS | 2.4 | AVOCADO | 3 |
| CURLY FRIES | 2.8 | TOAST | 1.5 |
| CHEESY CHIPS | 3.5 | SOURDOUGH BREAD | 1.5 |
| BEEF BURGER 20Z | 2.3 | | |

THE GREAT BURGERS



ALL BURGERS SERVED WITH STANDARD FRIES OR CURLY FRIES.

- THE CLASSIC** 7.4
Our regular Beef Burger (4oz) Cheese topped with Gherkins, Sliced Tomatoes & Lettuce
- "I'M ON A DIET"** 9.9
Double Beef Burger (2x4oz) topped with Cheese, Gherkins, Sliced Tomatoes & Lettuce
- "SAY CHEESE & BACON" ★** 8.7
Our regular Beef Burger (4oz) topped with Onion Rings, Cheese, Crispy Bacon, Gherkins, Sliced Tomatoes & Lettuce
- HEAVEN CAN WAIT ★** 9
Delicious Aberdeen Angus Beef Burger (6oz) topped with Caramelized Onions, Lettuce, Tomato & Gherkins
- AMSTERDAM BURGER** 9.5
Angus Beef Burger (6oz) topped with Amsterdam cheese & mozzarella cheese pesto, lettuce and gherkins
- CHICKEN CRUISE** 8.9
Grilled Chicken Breasts to perfection, topped with Cheese, Tomatoes & Lettuce
- THE CUBAN** 9.5
Grilled Chicken Breast to perfection, topped with Crispy Bacon, Cheese, Onion Rings, Tomatoes & Lettuce
- CHILLI WITCH** 9.2
Double Beef Burgers (2x 4 oz) topped with homemade Chilli Sauce, Grilled Onions & Tomato
- DIRTY BURGER** 9.5
Burger (2x4oz), Bacon, Egg (1), Onion Rings Melted Cheese on top of burger
- PERI - PERI BURGER **NEW**** 9.5
Grilled Chicken, Hash Brown, Lettuce & Mayo

THE OMELETTES

WE ONLY USE FREE RANGE EGGS

- ALL OMELETTE'S ARE MADE WITH 3 EGGS AND SERVED WITH CHIPS & SALAD OR BEANS
- PLAIN** Plain Omelette 6.3
- CHEESE** Cheese Omelette 7
- BREAKFAST BAR SPECIAL ★** 8.3
Cheese, Mushroom, Bacon & Onions
- HAWAIIAN** Ham & Cheese 8
- THE STRANGER** 8.3
Cheese, Peppers, Onions, Mushrooms & Olives
- SPANISH OMELETTE (V) ★** 8.9
Cheese, Spinach, Mushrooms, Peppers, Olives & Sweetcorn
- MEXICAN** Chicken, Chorizo & Peppers ★ 8.5
- TURKS** Turkish Sausage & Cheddar Cheese ★ 8.8
- YUM** Cumberland Sausage, Onions & Cheese 8.8
- HEALTHY** Feta & Spinach 7.9
- CONTINENTAL** Turkish Sausage & Halloumi 8.9
- VEGGIE OMELETTE** 8.3
Cheese, Mushrooms, Onion, Sweetcorn & Peppers
- ALL EXTRA FILLINGS** 1.5
Cheese / Spinach / Olives / Peppers / Onions / Tomato / Sweetcorn / Ham

JACKET POTATOES

JACKET POTATOES NOT SERVED ON SUNDAYS

- SERVED WITH SALAD & COLESLAW
1. **CHEESE & BEANS** 6.5
2. **CHEESE, TUNA & MAYO** 6.9
3. **CHEESE, CUMBERLAND SAUSAGE & BEANS** 7.3
4. **ROAST CHICKEN, HAM & COLESLAW** 6.9
5. **HAM, AVOCADO & HALLOUMI** 7.5
6. **PRAWN WITH AVOCADO** 7.8
- ALL EXTRA FILLINGS** 1.5

SEA FOOD



- SCAMPI, CHIPS & SALAD** 8.8
- CALAMARI, CHIPS & SALAD** 9.3
- GRILLED SALMON FILLET** 12
Caramelised with Garlic, served with Chips & Salad



FRESH SALADS

- MIX SALAD** 4
- GREEK SALAD ★** 6.3
Prepared with Feta Cheese
- CHICKEN CAESAR** 9.2
Made with Grilled Chicken & Mozzarella
- SEAFOOD SALAD** 8.3
Prepared with Tuna or Prawn
- CYPRUS SALAD** Grilled Halloumi 8
- HOT SALT BEEF** Beef Salad 7.7
- BEETROOT SALAD** 7.4
- SMOKED SALMON SALAD** 8

STARTERS

- HUMMUS** 3.5
Served with Naan Bread
- TZATZIKI** 3.5
Served with Naan Bread
- SCAMPI** 10pcs 5.5
- CALAMARI** 5pcs 5.5
- FRIED HALLOUMI **NEW**** 3.8

GRILLS & SPECIALS



ALL SERVED WITH CHIPS OR RICE & SIDE SALAD

- CHICKEN SHISH** 9.5
Grilled marinated Chicken Cubes served with Naan Bread
- BUTTERFLY CHICKEN BREAST ★** 9.5
Marinated Grilled Chicken Breasts or Add choice of sauce: Cajun, BBQ, Curry
- GAMMON STEAK** 10
Served with Onion Rings & 2 Fried Eggs
- PERI PERI** 9.5
Chicken Peri Peri

TASTE THE TOAST TOPPERS ★

SOURDOUGH BREAD EXTRA 90p

- 2 POACHED EGGS ON 2 TOAST** 4
- 2 POACHED EGGS ON 1 TOAST** 2.6
- SCRAMBLED EGG ON 2 TOAST** 4.2
- CHEESE ON 2 TOAST** 4.2
- AVOCADO ON 2 TOAST** 5
- SMASHED AVOCADO ON 2 TOAST, 2 POACHED EGGS & BACON OR SAUSAGE** 7.3

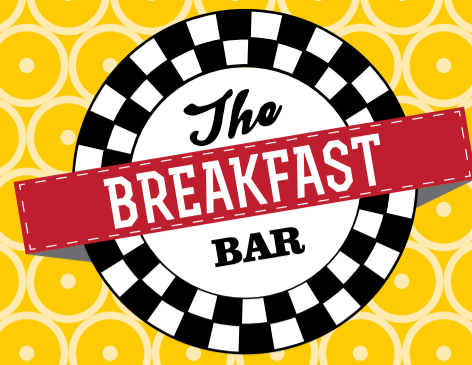
PASTA

- PASTA NAPOLI (V)** 8
Prepared with Napoli sauce, Topped with Parmesan
- VEGETABLE PASTA (V)** 8.6
Prepared with Vegetables & Napoli Sauce, Topped with Parmesan
- PASTA AMATRICIANA** 8.6
Prepared with Crispy Bacon & Tomato Sauce, Topped with Parmesan
- PASTA WITH CHICKEN** 9.2
Pasta Penne Served With Grilled Halloumi & Sliced Grilled Chicken
- PASTA SALMON** 9.1
Pasta with Double Cream & Salmon
- PASTA PESTO **NEW**** 8.9
Roast Chicken, Pesto Sauce & Mushrooms
- CHICKEN ALFREDO **NEW**** 8.9
Grilled Chicken, Double Cream & Mushrooms

TURN OVER FOR MORE OF OUR GREAT TASTING FOOD

(V) - VEGETARIAN. (N) NUTS. PLEASE INFORM OUR STAFF IF YOU HAVE ANY ALLERGIC OR SPECIAL REQUIREMENTS.

WE ONLY USE THE BEST INGREDIENTS FOR ALL OUR MEALS!



BEAUTIFUL PANCAKES

ALL SERVED WITH MAPLE SYRUP EXTRA SCOOP OF ICE CREAM 1.5

AMERICAN PANCAKE Streaky Bacon (6), Fried Eggs (3), Pancakes (3)	9.9	BACON PANCAKE Bacon (3), Pancakes (3)	7.3	CANADIAN Pancakes (3), Eggs (2), Bacon (2) & Cumberland Sausage (1)	7.9
TRIPLE STACK Egg (3), Bacon (3), Pancakes (3)	8.3	BANANA PANCAKE Freshly Sliced Banana & Pancakes (3)	6.7	LUMPY BUMPY Pancakes (3), Nutella, Fresh Cream & Marshmallows	7.50
		NUTELLA PANCAKE Pancakes (3), Served with Nutella & Fresh Fruit	7.9		



SANDY'S



SOURDOUGH BREAD EXTRA 90p

	SANDWICH OR ROLL			SANDWICH OR ROLL			SANDWICH OR ROLL	
		BAGUETTE			BAGUETTE			BAGUETTE
RISE & SHINE Fried Egg, Bacon & Sausages	4.7	5.2	SMOKED SALMON Salmon with Cream Cheese	4.5	5.5	SAUSAGE	3.5	3.9
HASH BROWN MORNING Fried Egg & Hash Brown	3.5	3.8	HOT SALT BEEF ★ Fried Onions, Gherkins, Mayo, Mustard & Tomatoes	4.3	5	TUNA MAYO	3.5	3.9
BLT Bacon, Lettuce & Tomatoes	4.2	4.9	CHICKEN & BACON Chicken, Bacon, Mayo & Lettuce	3.6	4.2	STREAKY BACON	3.5	3.9
CLUB CHICKEN Chicken, Sweetcorn, Mayo & Cucumber	3.5	4.2	CRANBERRY Chicken, Bacon, Cranberry & Mayo	4	4.6	SMOKED BACON	3.5	4
CLUB ALATURKA Turkish Sausage, Cheese & Tomatoes	4	4.7	TUNA Tuna & Sweetcorn	3.7	4.2	HAM	3.1	3.5
AVOCADO Chicken, Bacon, Avocado, Spinach & Mayo	4.2	5	CHICKEN TIKKA NEW Roast Chicken Tikka	4.2	5	PRAWN MIX	3.5	3.9
ITALIAN CHICKEN Italian Chicken, Mozzarella, Avocado, Pesto & Sun Dried Tomato	4.2	5				AVOCADO	3.5	4
						EGG, MAYO & CRISPY BACON	4	4.4
						EGG & BACON	4	4.5
						SAUSAGE & EGG	4	4.5
						BACON & SAUSAGE	4	4.5
						BOILED EGGS	3	3.5

PANINI'S - TOASTIES

SOURDOUGH BREAD EXTRA 90p

ALL SERVED WITH SIDE SALAD

EARLY BIRD Bacon, Sausages & Cheese	6.3	ELITE (V) Spinach, Avocado, Mozzarella & Sun Dried Tomatoes	7.3
BEST SERVED HOT (V) Cheddar Cheese, Tomatoes & Onions	6.2	CHICKEN SPECIAL Chicken Escalope & Mozzarella	7
TUNA MELT Tuna & Mozzarella	6.7	BEASTY Hot Salt Beef & Cheese	7.2
THE ITALIAN JOB ★ Salami, Mozzarella, Sun Dried Tomatoes & Olives	6.8	MRS. PESTO ★ Pesto, Avocado, Bacon & Spinach	7.4
ALATURKA HOT Turkish Sausage, Cheese, Tomatoes & Peppers	6.9	SMOKEY ★ Ham & Cheddar Cheese	6.5
TURKISH STYLE ★ Turkish Sausage, Turkish Salami, Cheese & Gherkin	6.9	CRISPY Chicken Escalope, Mozzarella, Crispy Bacon & Mayo	7.5
LE MILAN Chicken Escalope, Mozzarella & Roast Vegetables	7.2	SUPER WOW! ★ Roast Veg, Halloumi, Sweet Chilli	7
ROMA FOR YOU Mozzarella, Tomato & Fresh Basil	6.7	HABITATS ★ Roast Vegetables & Mozzarella	6.9
DELUXE Smoke Salmon & Cream Cheese	7.2	ANGELINA JOLIE'S CHOICE Avocado, Spinach, Feta Cheese, Cheddar Cheese & Pesto	7.5
OSCAR (V) ★ Sun Dried Tomatoes, Olives & Halloumi	7.3		

WRAPS

ALL SERVED WITH SIDE SALAD

THE BREAKFAST WRAP ★ Bacon, Sausage & Eggs	7
MEXICAN WRAP Mexican Chicken & Mixed Salad	7.9
VEGGIE WRAP (V) Mozzarella, Sun Dried Tomato & Roast Veg	6.2
TURKISH WRAP ★ Chicken Shish, Hummus & Mixed Salad	7.9
CHICKEN MASALA ★ Tzatziki, Masala Chicken & Peppers	7.9
MR. H. BROWN Hash Brown, Bacon & Cheese	7.5
HOT BEEF Hot Salty Beef, Fried Onions, Tomatoes & French Mustard	8
POPEYE DREAM Spinach, Mozzarella, Mushroom, Olives, Tomato & Avocado	7.7
GREEK Grilled Halloumi, Olive, Tomato & Lettuce	7.3
ENERGY WRAP Grilled Chicken, Boiled Egg, Spinach, Lettuce, Tomato & Mayo	8.3

DESSERTS

CARROT CAKE	3.5
ANGEL CAKE	3.5
TOBLERONE CAKE	3.5
CHEESECAKE See selection at counter	3.5
ICE CREAM (3 SCOOPS) Vanilla, Chocolate, Strawberry	3.5

WAFFLE

BELGIAN WAFFLE 6.9

Nutella, ice cream, Fruits & Maple Syrup

PATISSERIE

TEA CAKE	2.3
CROISSANT	1.2
NUTELLA CROISSANT	2.1
JAM CROISSANT	2.1
PEANUT BUTTER CROISSANT	2.1
CHEESE CROISSANT	2.3
HAM & CHEESE CROISSANT	3.1

KIDS MENU

UNDER 12'S ONLY

**ALL KIDS MEAL INCLUDES:
MAIN MEAL, DESSERT AND DRINK
ONLY 6.5**



MAIN MEAL

JR BREAKFAST 1 Fried Egg (1), Pancakes (1), Bacon (1) & Beans
JR BREAKFAST 2 Egg (1), Bacon (1), Cumberland Sausage (1) & Chips
JR BREAKFAST 3 Cumberland Sausage (1), Chips & Beans

CHEESE BURGER

Standard Burger topped with Cheese, served with Chips on the side

CHICKEN NUGGETS

6 Chicken Nuggets served with Chips on the side

FISH FINGERS & CHIPS

4 Fish Fingers, Chips & Peas

PASTA NAPOLI (V)

Prepared with Napoli sauce, Topped with Parmesan

DRINKS

JUICE - APPLE, ORANGE & BLACKCURRANT MILK / FRUIT SHOOT

DESSERTS

ASK YOUR HOST FOR SELECTION OF DESSERTS



DESSERTS ARE MADE FRESHLY DAILY.
YOU CAN ALSO CHOOSE FROM OUR DISPLAY FRIDGE.

[/the.breakfast.bar.official](#)

[@the.breakfast.bar](#)

[@_BreakfastBar](#)